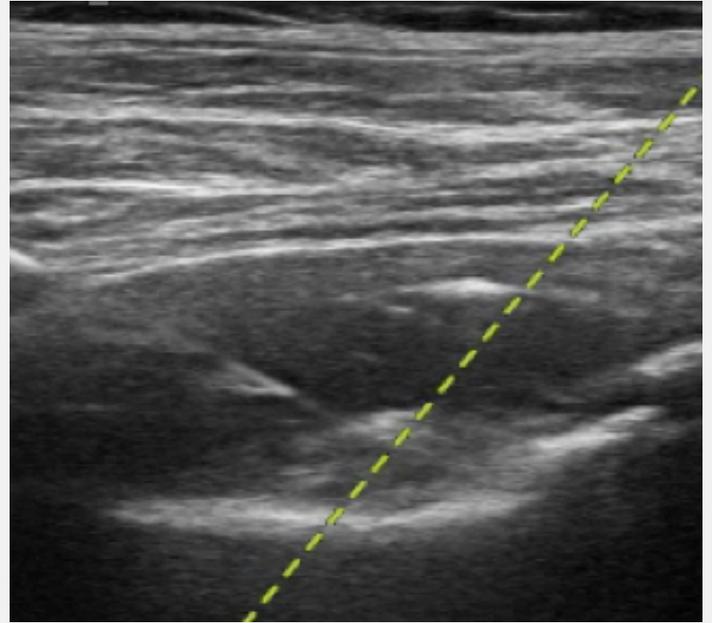




Ultrasound guided hip injection



Patient position: Lying supine

Hip position: Position the hip in a neutral position

Ultrasound: Visualise the femoral neurovascular structures and move laterally. Obtain a longitudinal view of the anterior hip recess, again ensuring you are lateral to the femoral triangle.

Injection technique: In plane technique from a distal to proximal, ensuring you visualise the needle tip to within the joint capsule. Depending on the depth of the tissue, beam steer technology can be utilised to assist.

Suggested needle: Green / Spinal needle

